



**Laurel
Palliative Care
Foundation**

2017-18 Annual Report



Providing support and raising public awareness
of palliative care in Southern Adelaide

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Vision and Mission and Key Strategies of LPCF

Vision Statement

The Laurel Palliative Care Foundation (the Foundation) enables people receiving end-of-life care in Southern Adelaide to access care and services above and beyond those traditionally funded by government.



Mission Statement

The Foundation provides funds for essential services to patients at end-of-life, who use the services of Southern Adelaide Palliative Service (SAPS), either in the Laurel Hospice itself, or within the community. In addition, the Foundation provides funds to support the families of these patients through a range of services including the complementary care and art therapy programs.

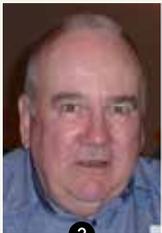
The Foundation also plays a key role through the development of high-level relationships and collaborations with research and education institutions in providing funds for palliative and end-of-life research, and enhanced palliative care education.

Key Strategies

- Develop a fund raising strategy which ensures the on-going and sustainable funding for the complementary care and art therapy programs and the provision of specialised equipment.
- Develop high-level relationships and collaborations with research institutions which result in the provision of commissioning of key research into improved palliative and end of life models of care.
- Develop high-level relationships and collaborations with education institutions which result in the provision of enhanced and contemporary palliative and end of life care education programs.

The Tree of Life, Centennial Park

Board of Directors



1 Mrs Maureen Mesiti
Chair

Maureen has enjoyed a long and profitable association with the Daw House Hospice and Daw House Hospice Foundation firstly starting as a volunteer over 16 years ago. Maureen was then approached to assist with fundraising activities that led to a Board appointment shortly thereafter. During her time as a Board Director of the Foundation, Maureen has served very ably as Deputy Chair for six years and is in her tenth year as Chair. Maureen has found her involvement, at all levels of her journey, extremely fulfilling and over the years has seen great growth and support to patients and families within the Hospice and Southern Adelaide Palliative Services. Maureen is very proud of the level of funding support which the Foundation has been able to provide to the much needed services of the Hospice and Palliative Services more generally, over the last twenty six years.

2 Mr James Rock
Deputy Chair

James brings a wealth of experience to the board following 6 years of experience as a Board member of a children's charity. James' current role is as the Case & Education Manager for the SA Small Business Commissioner. He has been a practicing lawyer (since 2001), after 19 years as an electrician with the old ETSA. James is also a trained mediator. James has a strong background in governance and risk and is keen to see the Foundation flourish to its full potential.

3 Mr Tim Williams
Treasurer

This is the fourth year Tim has been on the Board as Treasurer. After many years in financial management in the industrial sector with such companies as Brambles, Shell and Toyota. It is not all leisure for Tim in his retirement as he is undertaking some consulting work for an Adelaide and Regional bus company that is keen to gain some in depth financial assistance in an industry where a full understanding of costs and margins is essential. Tim is enjoying his current responsibilities with the foundation and sincerely hopes that the many years of experience and skill can assist and make a valuable difference.

4 Mrs Aine Greene
Board Member

Aine was the Manager of the SAPS Research unit until her retirement in September 2017. In that role Aine managed research programs that are designed to improve outcomes for both patients needing palliative care and their family caregivers. Programs include symptom management, clinical drug trials, psycho-social care, service delivery evaluation, and family caregiver support. The unit collaborates with groups and individual researchers across Europe, specifically Scotland, England, Italy, Denmark, Germany, Norway and Switzerland, along with the USA and Canada. Investigators hope this collaborative will boost the amount of international multicenter studies in palliative care and initiate and develop evidence-based guidelines for palliative care practice. Aine brings to the Board an extensive background working in Nursing Education and Administration in both the public and private sectors and more recently, a diverse range of complementary therapies.

LPCF Patron

5 Mr Patrick Cox SAPS Rep

Patrick has worked at Southern Adelaide Palliative Services as a Community Palliative Care Nurse for 26 years. Patrick's position on the Board helps to establish the crucial link between the Board and the clinical coal face.

6 Ms Kate Swetenham Director SAPS

Kate is the Service Director for Southern Adelaide Palliative Services (SAPS). SAPS is a regional level 6 service which has a dedicated inpatient unit of 15 beds – Laurel Hospice provides consultation liaison services to the three hospitals within the Local Health Network, and serves a population of 350,000 with community support.

7 Ms Helen Walker Nursing Unit Manager, Laurel Hospice

Helen has and continues to have a varied and interesting career. She is a palliative care nurse and experienced manager in a range of settings. Helen's current position is NUM Laurel Hospice in Adelaide. After nearly 20 years in local and state government change management and leadership positions Helen undertook a nursing re-entry program and found her way to palliative care. Helen's palliative care experiences have included the Clinical Management role at Mary Potter Hospice, The Director of Nursing/General Manager of Cabrini Palliative Care in Melbourne, a short but rewarding stint at Calvary Bethlehem and now back in Adelaide at Laurel Hospice. Her professional interests are firmly based in the development of responsive and efficient services for people nearing the end of their lives, wherever they maybe. Looking through the patient and family experience of compassionate care lens is what drives her.

8 Mr Mark Stevens Board Member

Mark's work history as a professional began as a Project Officer (while still a cadet engineer) working for Tyree-Westinghouse, a multinational electrical engineering organisation. Mark was initially involved with designing and managing the Group's production of special purpose machinery for the manufacture of High Voltage Distribution Transformers, and much later (after 11 years) became an interim SA general manager.

Mark's current role with Dematec is to oversee the adherence of the corporate governance, technical facilitator, monitor the cultural health of the company, strive to construct a balanced skilful team, educate, and to create an environment where it is always comfortable for members to behave morally to be honest with management, to suppliers, and to customers. The driver or the 'why' Dematec exist is to build Better Automation, resulting in Better Lives, producing a Stronger Nation.



Mr Geoffrey Coles AO

Mr Coles' interest in health care in this state is reflected in positions as a past Committee Member of the Mary Potter Foundation Fundraising Committee and Chairman for the Wheelchair Sports Development Board. Geoff was appointed to the Board of the Royal Adelaide Hospital in 1991 and was Chairman from March 1996 to June 2004. He was also a member of the Medvet Science Board for eight years and retired in October 2004, and that year became Patron of the Daw House Hospice Foundation.

Report of the Chair and Executive Officer

One thing that is constant in our world is change. And change occurred in a number of ways over the last financial year. The most significant change was the closure of the Repatriation General Hospital and the relocation of services, including the Foundation to the Flinders Medical Centre Campus.

The Hospice relocation saw the creation of a brand new purpose built 15 bedroom facility, with private rooms and all with their own bathrooms, good sized common areas and a roof top garden. As a consequence of the relocation the Hospice underwent a name change and became the Laurel Hospice. The Foundation office and staff also relocated to the Flinders Medical Centre Campus and to reflect the change of name of the Hospice, the Foundation was renamed the Laurel Palliative Care Foundation. The Foundation is very appreciative of the Southern Adelaide Local Health Network Management agreeing to the relocation of the Foundation office and staff within close proximity to the Hospice and Southern Adelaide Palliative Service (SAPS), at no cost to the Foundation now or into the future in terms of rent and computer facilities and access.

While these changes took some time to take effect, the Foundation continued its focus on providing financial support for the Southern Adelaide Palliative Services (SAPS). As a consequence, funds were provided for the on-going support of staff salaries including for our Art Therapist, part-salary for the Manager of the Wellbeing Service and funds were raised for the purchase of new equipment. The Foundation had been receiving income from death duties but as this was contrary to SA Health policy this source of income could not continue and as a consequence arrangements were made for SA Health to assume responsibility for the full salary of the Manager of the Wellbeing Service.

The relocation of services also resulted in the relocation of our Tree of Life to Centennial Park Cemetery. Following agreement with Centennial Park, a lovely new location was found and provided for at the cost of the Cemetery Authority and SAHealth. A relocation ceremony was held and attended by local politicians, community members, families and staff and board members of both the Foundation and Centennial Park.

In line with its new vision and mission, the Foundation has also provided a greater focus on supporting research and education and in line with this established a scholarship for nursing and allied health staff, with a focus on providing opportunities for staff to enhance their skills and provide even better services to patients and families.

The competition for funds in the charity sector continues to grow and it has been noted that bequests and donations have decreased significantly. In order to increase our revenue levels, the Foundation staff has spent some considerable effort in applying for grants and planning for and managing fundraising events. To this end we were most appreciative of receiving a \$5,000 grant from the CMV Foundation.



The Foundation has provided a greater focus on supporting research and education.

A number of events were held including the annual Mother's Day Luncheon, Christmas and Tax appeals, Quiz night and Movie night. Plans are underway for an adventure trek to Nepal which was proposed by Mark Nelson, a great supporter and ambassador of the Foundation. This event, which will take place in October 2018 aims to raise over \$50,000. Plans are also underway for the Foundation to hold an annual signature fundraising event. The Foundation has also been chosen as a participating charity in the Telethon Home and Land Lottery to be launched in the next financial year.

It is most encouraging to note that palliative care is being more recognised at the political level as being a level of care requiring further support. This is only the beginning and the Foundation is working with palliative clinicians and managers to increase funding levels to this area of care which is so vital to our community.

As the Foundation provides funding support for areas not traditionally funded by Government we are working assiduously to ensure much needed financial support reaches these areas, which in turn support the provision of essential services in the 15 bed Hospice and in the community, where at any one time over 400 patients and their families and carers receive support in their own homes.

One of the key issues that remains on our agenda is that of our future role, purpose and direction. To this end we commenced a due diligence process with Flinders Foundation but this has not yet been finalised.

Communication is a key to spreading the word and much greater effort has gone into using social media to enhance awareness of the work of the Foundation.

The small staffing of the Foundation has remained stable over the last year and we thank them for their support, commitment and dedication.

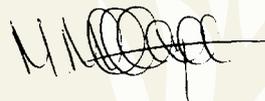
Heartfelt thanks go to the volunteer Board, who work tirelessly to ensure the on-going viability and effectiveness of the Foundation. During the year, we welcomed a new Board Director, Mr Mark Stevens, who as a local businessman and member of Southern Business Connections, brings the Foundation closer to the local business community.

We also thank our volunteers for their dedication to the cause and for working beside us in so many ways to achieve our goals.

To the management and staff of Southern Adelaide Palliative Services, we thank you for your professionalism and great care you provide to patients, families and carers, which is the hallmark of the palliative model of care and for which we are so proud to be supporting. We also thank you for your support in our fundraising activities.

Laurel Palliative Care Foundation continues to honour its mission of providing financial support to Southern Adelaide Palliative Services, by providing over \$195,000 this financial year.

We support the notion of the last 1,000 days of life as being as important as the first 1,000 days of life and to this end we continue to work hard to ensure these days are as comfortable and dignified as possible.



Maureen Mesiti
Chair
Laurel Palliative
Care Foundation Inc



Tony Lawson
Executive Officer
Laurel Palliative
Care Foundation Inc

Treasurer's Report

The result for the year, somewhat mirrors last year and the Foundation's financial situation has not improved, despite our hopeful predictions.

As previously stated, it does appear that the closure of the Repat Hospital and the relocation of the palliative service to the Flinders Medical Centre campus and the change of the Foundation's identity to Laurel Palliative Care Foundation Inc., has had an adverse impact on the Foundation's capacity to attract the much-needed donations to support the Southern Adelaide Palliative Service.

A number of organisations which provide an overview of trends in the charity sector have noted that access to the charity dollar is becoming very competitive.

Total Income for the year was \$195,577 which was \$34,499 below last year. Significant income variations to last year by category were:

1. Donations Personal, were down \$11,816
2. Donations Corporate, were up \$2,147, thanks to a grant of \$5k from the CMV Foundation
3. Appeals/Mail Outs were down \$8,510
4. Bequests were down \$6,000 and;
5. Fundraising/Projects were down \$9,301.

There were a number of events held which did add to the bottom line, in particular the Nepal Trek, Mother's Day luncheon, connections with service clubs – Rotary, Lions etc, Open Gardens Festival, and grants received from other Foundation's and the corporate area.

Expenditure contained a number of items worthy of comment:

1. Public Relations expenses were down by \$4,537 compared to last year, due to a continued, albeit lesser, reduction in activity

2. Employee Expenses decreased by \$44,675 due to the engagement of our part time Executive Officer in lieu of a full time CEO in the previous year
3. All Other Expenses (net) decreased by \$13,991 which were, in the main, due to a strong effort to control operating costs.

The Operating Deficit for the Year was \$9,081, compared to last year's deficit of \$34,787.

Charitable Distributions were increased to \$75,591, which is an increase of \$9,505 over the previous year.

In the Balance Sheet, Investments at book value have reduced by \$62,155 to \$802,210 due to drawings to maintain trading liquidity. The Investments in the Balance Sheet are shown at purchase cost, whereas the actual value at 30 June 2018 was \$890,135 due to market movements, which is \$87,925 above book value.

The opening trading figures for 2018/19 do seem to be following a similar trend to this reporting year, although a number of major events have been planned, some 2 of which have already taken place, which should hopefully add to the long term financial sustainability of the Foundation.

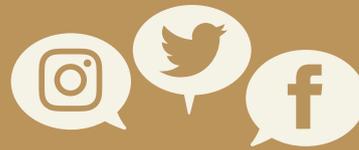
To provide annual Charitable Distributions and not to rely on our investments, which are not infinite, we need an income of at least \$250,000 per annum, at today's money value and at our current structure. And that is what we are working to achieve.



Tim Williams
Treasurer

Laurel Palliative Care Foundation Inc

Social Media



How are we using social media to our advantage these days? With more and more people using social media daily, our Foundation has embraced the opportunity to engage and communicate with YOU, our wonderful audience!

By keeping you updated with patient stories and hospice happenings, fundraising events, volunteer achievements and callouts, staff awards, palliative care services available, education, research and more, we're able to spread awareness of the Foundation's continuing work and how you can be involved to help make this happen.

Thanks for getting behind our online presence in this ever-expanding digital world and spreading the word around the Foundation's activities in support of people with a life-limiting or terminal illness. Our goal is to strengthen our community of supporters and keep you, our valued donors up to date and in the loop!



Find us on Facebook
[@LaurelPallCareFoundation](#)

Art Therapy in SAPS

Our resident Art Therapist (Jane Smeets) who is employed on a 5 day per fortnight basis, is responsible for the provision of a therapeutic art program to patients in Laurel Hospice, and the Community, as well as their families, carers and bereaved clients.

To achieve this Jane plans, implements, documents and evaluates engagements. She liaises with the multidisciplinary team, including volunteers, coordinates and facilitates weekly Open Creative Expression Groups with volunteers.

On a day to day basis, Jane is managed by the Nurse Unit Manager of Laurel Hospice.

Art Therapy sessions are held on a 1:1 basis, family sessions, small groups and through workshops. While a number of these sessions are held in the Hospice some sessions are also held elsewhere including home visits.

Art Therapy in a palliative setting is based on a three-pronged approach:

- **Incidental engagement:** Techniques for relaxation, mindfulness, and creative expression. Creative activities that can provide an experience of safety, empowerment and relief of symptoms of anxiety and/or depression through symbolic expression. Often acts as a introduction to a directed therapeutic approach
- **Directed therapeutic approach:** Is an experiential psychotherapeutic approach utilizing many creative modalities within the therapeutic relationship. It is holistic – attending to emotional, cognitive, physical and spiritual well-being
- **Creating legacy:** to support patients and/or family members with the intention of developing artifacts of meaning and memories.

Over the course of the year there was a total of 438 sessions.

While this was a satisfactory result it could have been improved and was impacted by a number of issues including the relocation of the service and Christmas /New Year break.

To enhance the service some of the initiatives to be implemented include;

- Improving the engagement of males with art processes.
- Improve patients and families awareness of the service by improved information.
- Increased home visits when patients return home.
- Improved storage for access to art materials.
- Training volunteers in the making of the hand castings.
- To develop meaningful ritual/process for staff for support with the increases deaths in hospice.
- Attend community meetings to increase visibility of art therapy service and discuss challenges such as including client emails when referring.

Open Creative Expression Group

The Creative Expression Group's purpose is to enhance quality of life for patients and families in Laurel Hospice by offering opportunities to share moments of creative connection, choice and meaning.

Engagements with patients, family members and include:

- Art making using diverse and varied art processes
- Conversations/sharing stories
- Hospice community theme activities such as: Christmas, Easter, and Melbourne Cup.

Art Therapy in a Palliative setting is based on incidental engagement, directed therapy and creating legacy.

Life Cycles Education (L.E.A.F Project)

The Life Cycles L.E.A.F (Life, Education, Art, Feelings) Schools Project assists in creating an educated and aware school environment for individuals who have experienced a death of a significant person. The project begins to normalise and create avenues for discussion between peers and teachers.

The Project quickly demonstrates that art is a key tool in identifying and accepting our feelings. The teaching by experienced Art Psychotherapist (Jane Smeets) assists and encourages participants to explore their feelings through the art process beyond the classroom, and it is hoped that students will retain this learning throughout the life journey.

The Project also assists schools in developing a culture that is accepting and supportive of all students on different life journeys.

“At times there are no words to express a thought, feeling, experience or concept. This is the core of why creativity is important in our self-expression.”
Jane Smeets

The Project has been run at no cost to the schools on four occasions to date (three times at one college and once at a public secondary school). Students ranged from year 8-12 with over 130 students in total. Students completed the learning culminating in public art exhibitions where they displayed and discussed their work. An overwhelming majority appreciated the opportunity to talk about life and their feelings using art as the foundation of these discussions.

To increase the participation of Schools in this program it is planned to produce an informative video.



A Gift - Painting for Laurel Hospice

Title Between Spaces

Media Mixed media on canvas

Artist Jane Smeets
Arts Psychotherapist and Artist
Southern Adelaide Palliative Services

Artist Statement

As we enter into light and dark tones of the new and existing growth, the liminal space is encountered. A threshold of suspension, a space of transition between birth and death, a holding place of life.

Laurel was used as a symbol of honour and in modern times, additionally as a symbol of victory and peace.

Further symbolism of victory and achievement associated with Laurel, have seen it used as an embellishment in bronze, wood or stone, adorning many of Australian's war memorials and military badges. The laurel tree is evergreen, symbolic of life and fidelity.

Materials for painting donated by the Laurel Palliative Care Foundation.

Complementary Care

During the year there were many changes with the complementary care service offered through Southern Adelaide Palliative Services (SAPS) which would not have been possible without the valuable support of the Laurel Palliative Care Foundation (LPCF).

The move from Daw House to Laurel Hospice has been huge and this also resulted in a name change from the 'Complementary Care Centre' to the 'Wellbeing Service'. With the move, the service went from a self contained centre near Daw House to being located in Laurel Hospice. The service now has two consulting rooms located just inside the entrance of Laurel Hospice, with the waiting area just outside the hospice entrance near the three lifts and rooftop garden door. Even with the major changes, complementary care has continued to flourish.

The Wellbeing Service is open Monday to Thursday and is available for Laurel Hospice Patients and Carers, Community Patients and Carers and Bereaved Carers of SAPS. The centre is coordinated by a Level 2 Registered Nurse, Associate Nurse Unit Manager, with complementary therapy qualifications and appropriately qualified volunteers who have a passion for working with palliative care clients, families and carers. The modalities available for sessions is dependent on the expertise of the practitioners who volunteered during July 2017- June 2018. The modalities included Massage, Kinesiology, Hypnotherapy, Reiki, Aromatherapy Massage, Emotion Freedom Technique, Therapeutic Touch, Foot Reflexology, Cranial Sacral Therapy, Yoga, Meditation, Access Consciousness and Facials.

Complementary therapies may assist to:

- Promote relaxation
- Reduce stress and anxiety
- Alleviate symptoms such as pain, nausea, poor appetite, fatigue, constipation and diarrhoea
- Provide emotional support
- Assist with sleep
- Improve well-being and quality of life
- Support the client, family and carers

There was also a 6 week Beginner's Yoga course organised over June and July 2018 with a volunteer. This led to the purchase of yoga mats and blocks as carers and visitors of hospice patients were encouraged to attend.

Over the year there were 26 complementary care volunteers. They provided their services on either a weekly, fortnightly or on a monthly basis. The availability of volunteers varied during this time with some having extended absences. In the 12 month period, the volunteers did 1420 hours over 366 episodes of volunteering. During the 12 months, the Wellbeing Service had 6 new volunteers start and 10 finish - 5 of those chose not to come to FMC, due to a variety of reasons. One volunteer did administration work only, which included contacting new referrals and maintaining the client database and service statistics.

The service was closed for 3 weeks during the move and all but 2 volunteers had a 4 week break over Christmas - a traditional occurrence.

The service now has two consulting rooms located just inside the entrance of Laurel Hospice.

As well as providing sessions for clients, the Wellbeing Service also provides other support services and this includes providing essential oils and lotions for patients and carers. The essential oils are for the hot towel washes, lotions (see appendix 2 for details) and also for aromatherapy diffusers.

Over the year there were 1271 sessions. 970 of these sessions comprised hospice patients, carers, community patients and carers, bereaved carers and visitors.

The hospice visitors make up 10% of the figures. Included in this is 70 short term sessions – hand massages and chair massages – during the Rehabilitation and Palliative Care Building Open Day on Saturday 21 October 2017.

The other 301 sessions were with staff and volunteers. The volunteer and staff numbers are magnified. There are two reasons:

- When available, staff and volunteers are encouraged to access short term (30 minutes and less) sessions to have a little time out.
- Staff and volunteers are asked to fill in cancellation spots, especially at the last minute when there are no patients or carers wanting to or able to access the service.

There are two different and distinct types of sessions as many people choose to have a short term session or back and shoulder on the massage chair, rather than a full length session – usually 60 minutes. The 1271 sessions are divided into 753 full sessions and 518 short term/massage chair session for 30 minutes or less.



Significant Things to Share About the Wellbeing Service

It is still in a time of transition and many things are still being sorted out.

1. The storage of the Wellbeing Service equipment in the Clean Utility room is taking space away from the necessary stores for the nurses. It has been suggested that Wellbeing Room 2 swaps with the Quiet Room so that all the Service equipment can be moved into the Wellbeing Room 2.
2. The lotion combinations will be reviewed to determine if it would be useful to have more options available.
3. The last client satisfaction survey was done in 2016. That questionnaire will be modified to fit in with the current service and given to all community clients during October and November 2018.
4. Numerous conference papers and lectures have been provided on the Complementary Care Centre and the use of Complementary Therapies in Palliative Care and in other specialities as well.

Special Thanks

A special thank you to all the people who donate to the Foundation's cause. Your support demonstrates confidence in the Foundation's ability to ensure your money goes toward continuing to provide support to patients, families and carers at a time when it is needed most.

To CMV Staff Charitable Foundation. Thank you for their generous donation of \$5,000 which has been directed towards the production of a video to promote the LifeCycles: LEAF Project in Schools.

To Southern Business Connections. Thank you for your continued support for the Foundation to be members of your organisation and exposure to your networks.

To our highly valued volunteers and in particular Jackie who attends our office on a regular basis to assist in organising events.

To Pasta Deli (Anna and Frank Taddeo) a huge thank you for generously providing so many platters and cakes for many of our events.

To the significant number of people who work on our fundraising events; your skills and tireless work often behind the scenes is valued very much. Many people would not be aware of the amount of energy and time it takes to organise an event. Your dedication and donated time/money/and social connections to raise our profile with top quality events is greatly appreciated.

A special thank you to Mr Walter and Mrs Maureen Mesiti and to Mr Ian and Mrs Pamela Wall for their annual support of the Foundation's work is greatly appreciated.

To Olivia Hatzis (daughter of Kate and Antonio Villano) thank you for raising funds at a quiz night.

To the CEO and Management of SALHN, thank you for your generosity and support in the provision of office space and communications so that we can continue the work of the Foundation.

To the management and staff of Southern Adelaide Palliative Services, the excellence in the provision of care to patients and their families that you provide and the reputation that you have in the community makes the Foundation's work so much easier. Thanks also to your support of our activities to raise funds and awareness.

To the Nelson family who continue to generously support the Foundation fund end of life care needs, a great thank you for your great generosity.

To the City of Mitcham thank you for providing a grant for the Bereavement Service.

To Open Gardens SA (Mrs Jenny Bruse) thank you for donations from an open garden event.

To Crackerjack Computing (Mark and Fi Abraham) thank you for sponsorship of an event.

To Adelaide Exercise Physiology Clinic (Chris Ftingiannis) thank you for sponsorship of a event.

To Richmond Press who provide a great and prompt service at reduced cost for the Foundation thank you.

Thank you to those who generously donated through our various mail outs or through personal donations including Phillis Ingerson, Hare's Market, Carol Mayers, Bill Clissold and family and Westbourne Park Uniting Church Fitness Group.

In appreciation to all of the businesses, who have sponsored or supported our events throughout the year.



Thank you to all of the community groups and clubs who support the work of the Foundation each year. Your commitment to supporting the community that we serve is deeply appreciated by all.

Directors' Report

LAUREL PALLIATIVE CARE FOUNDATION INC. DIRECTORS' REPORT

Your Board members submit the financial report of the Laurel Palliative Foundation Inc for the financial year ended 30 June 2018.

BOARD MEMBERS

The names of Directors throughout the year are:

Maureen Mesiti- Chair
James Rock - Deputy Chair
Tim Williams - Treasurer
Kate Swetenham (SAPS Representative)
Patrick Cox (SAPS Staff Representative)
Aine Greene
Helen Walker
Mark Stevens
Geoff Coles AO - PATRON

PRINCIPAL ACTIVITIES

The principal activities of the association during the financial year were:

To provide financial and other support services to Southern Adelaide Palliative Service patients, carers and staff, including those within Daw House Hospice.

SIGNIFICANT CHANGES

No significant change in the nature of these activities occurred during the year.

OPERATING RESULT

An operating deficit of \$84,672 resulted from the year's operating activities.

Signed in accordance with a resolution of the Members of the Committee.

Dated 14th this day November of 2018

LAUREL PALLIATIVE CARE FOUNDATION INC.

Statement of Financial Performance

STATEMENT OF FINANCIAL PERFORMANCE FOR THE YEAR ENDED 30 JUNE 2018

	Note	2018 \$	2017 \$
REVENUE			
Operating Activities	1(d)		
Donations - Personal		24,552	36,368
Donations - Corporate		5,000	2,853
Mail Out Response		20,308	28,818
Bequests		-	6,000
Membership Subscriptions		759	818
Fund Raising Events/Projects		82,105	91,406
Interest & Investment Returns		61,492	62,354
Miscellaneous Income		1,361	1,459
		<u>195,577</u>	<u>233,076</u>
EXPENDITURE			
Public Relations & Fundraising Costs		22,250	26,787
Employee Expenses		115,894	160,569
Depreciation Expenses		414	520
Provision for Long Service Leave		695	4,963
Loss on Disposal of Investments		5,479	2,197
Other Expenses from Ordinary Activities		59,927	72,827
Total Expenditure Before Charitable Distributions		<u>204,658</u>	<u>267,863</u>
Surplus(Deficit) Before Charitable Distributions		(9,081)	(34,787)
CHARITABLE DISTRIBUTIONS			
Grants Projects & Patient Equipment		75,591	66,505
Total Charitable Distributions		<u>75,591</u>	<u>66,505</u>

The accompanying notes form part of this financial report.

Statement of Financial Performance

LAUREL PALLIATIVE CARE FOUNDATION INC.
STATEMENT OF FINANCIAL PERFORMANCE
FOR THE YEAR ENDED 30 JUNE 2018

	Note	<u>2018</u>	<u>2017</u>
		\$	\$
Total Expenses and Charitable Distributions		<u>280,249</u>	<u>334,368</u>
OPERATING SURPLUS/(DEFICIT) FOR THE YEAR		(84,672)	(101,292)
ACCUMULATED SURPLUS AT THE BEGINNING OF THE FINANCIAL YEAR		925,174	1,026,466
ACCUMULATED SURPLUS AT THE END OF THE FINANCIAL YEAR		<u>840,502</u>	<u>925,174</u>

The accompanying notes form part of this financial report.

Statement of Financial Performance

LAUREL PALLIATIVE CARE FOUNDATION INC.
STATEMENT OF FINANCIAL POSITION
AS AT 30 JUNE 2018

	Note	2018 \$	2017 \$
CURRENT ASSETS			
Cash	2,6a	55,404	80,573
Receivables		4,883	250
Investments	4	802,210	864,365
TOTAL CURRENT ASSETS		862,496	945,188
NON-CURRENT ASSETS			
Property, Plant & Equipment	1(a),3	1,343	1,757
TOTAL NON-CURRENT ASSETS		1,343	1,757
TOTAL ASSETS		863,840	946,946
CURRENT LIABILITIES			
Creditors & Accruals		8,490	7,618
Provisions	1(b),7	14,848	14,153
TOTAL CURRENT LIABILITIES		23,338	21,771
TOTAL LIABILITIES		23,338	21,771
NET ASSETS		840,502	925,174
MEMBERS' FUNDS			
Accumulated Surplus		925,174	1,026,466
Add: Surplus (deficit) for year		(84,672)	(101,292)
TOTAL MEMBERS' FUNDS		840,502	925,174

The accompanying notes form part of this financial report.

Statement of Cash Flows

LAUREL PALLIATIVE CARE FOUNDATION INC.
STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 30 JUNE 2018

	Note	<u>2018</u>	<u>2017</u>
		\$	\$
CASH FLOWS FROM OPERATING ACTIVITIES			
Operating Receipts	1(d)		
Donations, Bequests, Tributes & Fundraising		49,860	77,040
Receipts From Sales of Merchandise		-	-
Other Operating Activities		84,225	93,682
Payments to Suppliers & Employees		(273,661)	(327,617)
Loss on Disposal of Investment		(5,479)	(2,197)
Investment Income Received		61,492	62,354
Net Cash Provided by Operating Activities		<u>(83,563)</u>	<u>(96,738)</u>
CASH FLOWS FROM INVESTING ACTIVITIES			
Net Cash Used by Investing Activities		58,394	644
Fixed Asset Purchases		-	-
		<u>58,394</u>	<u>644</u>
Net Increase (Decrease) in Cash Held	6b	(25,169)	(96,094)
CASH AT THE BEGINNING OF THE FINANCIAL YEAR		<u>80,574</u>	<u>176,668</u>
CASH AT THE END OF THE FINANCIAL YEAR		<u>55,404</u>	<u>80,574</u>

The accompanying notes form part of this financial report.

Notes to the Financial Statements

**LAUREL PALLIATIVE CARE FOUNDATION INC.
NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2018**

NOTE 1: STATEMENT OF SIGNIFICANT ACCOUNTING POLICIES

This financial report is a general purpose financial report that has been prepared in accordance with Australian Accounting Standards, Urgent Issues Group Consensus Views and other authoritative pronouncements of the Australian Accounting Standards Board and the requirements of the Associations Incorporations Act South Australia.

The financial report is prepared on an accruals basis and is based on historical costs and does not take into account changing money values or, except where stated, current valuations of non-current assets. Cost is based on the fair values of consideration given in exchange for assets.

The accounting policies have been consistently applied, unless otherwise stated.

The following is a summary of the material accounting policies adopted by the Association in the preparation of the financial report.

(a) Plant and Equipment

Plant and Equipment

Each class of property, plant and equipment are carried at cost or fair value less, where applicable, any accumulated depreciation.

Plant and equipment are measured on the cost basis.

The carrying amount of plant and equipment is reviewed annually by the Association to ensure that it is not in excess of the recoverable amount from those assets. The recoverable amount is assessed on the basis of the expected cash flows, which will be received from the assets' employment and subsequent disposal. The expected net cash flows have not been discounted to present values in determining recoverable amounts.

Depreciation

The depreciable amount of other fixed assets are depreciated on a diminishing value basis over the useful lives of the assets to the Association commencing from the time that the asset is held ready for use.

The depreciation rates used for each class of depreciable asset are:

Class of Fixed Asset	Depreciation Rate
Office Furniture & Equipment	20.0%
IT & Computer Assets	40.0%

(b) Employee Entitlements

During the year ended 30th June 2018 the board determined that it was appropriate for the Association to establish a provision for the long service leave liability of a long term employee of the association.

(c) Cash

For the purposes of the Statement of Cash Flows, cash includes cash on hand, at banks and on deposit.

Notes to the Financial Statements

**LAUREL PALLIATIVE CARE FOUNDATION INC.
NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2018**

NOTE 1: STATEMENT OF SIGNIFICANT ACCOUNTING POLICIES (cont'd)

(d) Revenue

Revenue from the sale of goods is recognised upon the delivery of goods to customers.

Interest and investment revenue is recognised on a receipts basis.

All revenue is stated exclusive of the amount of goods and services tax (GST).

NOTE 2: CASH

	<u>2018</u>	<u>2017</u>
	\$	\$
Cash on hand	350	350
Cash at Bank	24,284	18,552
Cash on deposit	30,770	61,672
Total	<u>55,404</u>	<u>80,574</u>

NOTE 3: FIXED ASSETS

Office Equipment & Furniture at Cost	67,519	67,519
Less accumulated depreciation	(66,176)	(65,762)
Total Fixed Assets	<u>1,343</u>	<u>1,757</u>

NOTE 4: INVESTMENTS

Investments of Laurel Palliative Foundation Inc are held on trust and by Managed by Australian Executor Trustee

Investments in Managed Portfolio	802,210	864,365
At Cost (Market Value at 30 th June 2018 \$890,135)		
Total Investments	<u>802,210</u>	<u>864,365</u>

NOTE 5: SEGMENT REPORTING

The Association operates in the community sector providing financial and other support services to Southern Adelaide Palliative Service patients, carers and staff, including those within Daw House Hospice

Notes to the Financial Statements

LAUREL PALLIATIVE CARE FOUNDATION INC.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2018

NOTE 6: CASH FLOW INFORMATION

RECONCILIATION OF CASH FLOWS FOR THE YEAR ENDED 30 JUNE 2018

	<u>2018</u>	<u>2017</u>
	\$	\$
a. Reconciliation of Cash		
Cash on Hand	350	350
Cash at Bank	24,284	18,552
Cash on Deposit	30,770	61,672
	<u>55,404</u>	<u>80,573</u>
b. Reconciliation of Net Cash Provided by Operating Activities to Operating Surplus		
Operating Surplus/(Deficit)	(84,672)	(101,292)
Non-cash Flows in Operating Surplus		
Depreciation	414	520
Provisions	695	4,963
Changes in Assets and Liabilities		
(Increase)/Decrease in Receivables	(4,633)	1,982
Increase/(Decrease) in Creditors and Accruals	872	(2,912)
(Increase)/Decrease in Fixed Assets	-	-
(Increase)/Decrease in Investments	62,155	644
Net Cash Provided in Operating Activities	<u>(25,168)</u>	<u>(96,094)</u>

(c) The Association has no credit stand-by or financing facilities in place.

(d) There were no non-cash financing or investing activities during the period.

NOTE 7: FINANCIAL INSTRUMENTS

(a) Interest Rate Risk

The Association's exposure to interest rate risk, which is the risk that a financial instrument's rate will fluctuate as a result of changes in market interest rates and the effective weighted average interest rates on those financial assets and financial liabilities, is as follows:

	Average Interest Rate		<u>2018</u>	<u>2017</u>
	<u>2018</u>	<u>2017</u>		
Financial Assets	%	%	\$	\$
Cash	1.00	2.70	24,634	18,902
Short Term Deposits	2.80	2.90	30,770	61,672
Total Financial Assets			<u>55,404</u>	<u>80,574</u>

Notes to the Financial Statements

**LAUREL PALLIATIVE CARE FOUNDATION INC.
NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 JUNE 2018**

(b) Credit Risk

The maximum exposure to credit risk, excluding the value of any collateral or other security, at balance date to recognised financial assets is the carrying amount, net of any provisions for doubtful debts, as disclosed in the balance sheet and notes to the financial statements.

The Association does not have any material credit risk exposure to any single debtor or group of debtors under financial instruments entered into by the Association.

(c) Net Fair Values

Methods and assumptions used in determining net fair value:

The net fair value of assets and liabilities approximates their carrying value.

The aggregate net fair values and carrying amounts of financial assets and financial liabilities are disclosed in the balance sheet and in the notes to the financial statements.

<i>NOTE 7: PROVISIONS</i>	2018	2017
Provision for Long Service Leave	<u>14,848</u>	<u>14,153</u>

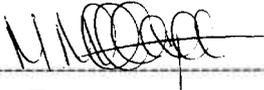
Statement by Members of the Board

**LAUREL PALLIATIVE CARE FOUNDATION INC.
STATEMENT BY MEMBERS OF THE BOARD**

In the opinion of the Executive Committee the financial report as set out in pages 2 to 9:

1. Presents fairly the financial position of the Daw House Hospice Foundation Inc as at 30 June 2017 and its performance for the year ended on that date in accordance with the Australian Accounting Standards, mandatory professional reporting requirements and other authoritative pronouncements of the Australian Accounting Standards Board.
2. At the date of this statement, there are reasonable grounds to believe that Daw House Hospice Foundation Inc. will be able to pay its debts as and when they fall due.

This statement is made in accordance with a resolution of the Board and is signed for and on behalf of the Board by:

Chairman  _____

Treasurer  _____

Dated this 14th day of November 2018

Independent Auditor's Report

INDEPENDENT AUDIT REPORT TO THE MEMBERS OF LAUREL PALLIATIVE CARE FOUNDATION INC.

Scope

We have audited the financial report of Laurel Palliative Care Foundation Inc. for the year ended 30 June 2018 as set out on pages 2 to 9. The Board is responsible for the financial report. We have conducted an independent audit of the financial report in order to express an opinion on it to the members.

Our audit has been conducted in accordance with Australian Auditing Standards to provide reasonable assurance whether the financial report is free of material misstatement. Our procedures included examination, on a test basis, of evidence supporting the amounts and other disclosures in the financial report, and the evaluation of accounting policies and significant accounting estimates. These procedures have been undertaken to form an opinion whether, in all material respects, the financial report is presented fairly in accordance with Accounting Standards and other mandatory professional reporting requirements so as to present a view which is consistent with our understanding of the Association's financial position and performance as represented by the results of its operations and its cash flows.

The audit opinion expressed in this report has been formed on the above basis.

Qualification

Monies received for donations located at external locations are lacking in any form of formal control. As such I am not able to determine whether all monies that the association received during the financial year, were correctly recorded. Once donations are formally receipted, I am satisfied that proper controls are in place.

Qualified Audit Opinion

In our opinion, except for the effects of the above qualification, the financial report presents fairly in accordance with applicable Accounting Standards and other mandatory professional reporting requirements the financial position of Daw House Hospice Foundation Inc. as at 30 June 2017, and the results of its operations and its cash flows for the year then ended.



Alexander F Ritt
Chartered Accountant

Date 14th November 2018

Suite 2, 147 Goodwood Road
Goodwood, South Australia, 5034



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Palliative Care
Foundation**

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